

Coastal Carolina Women's Indoor Track and Field Records

60-meter Dash

1. Chasity Johnson	7.45	2007
2. <i>Ikeiyiah Brown</i>	7.57	2008
3. <i>Shanta Johnson</i>	7.70	2008
4. <i>LeAuna Sistrunk</i>	7.83	2007
5. Courtney Lemon	7.86	2007
6. <i>Arielle Miller</i>	7.87	2008
7. Latrice Sales	7.90	2002
8. Shashonda Lane	7.92	1999

60-meter Hurdles

1. <i>LeAuna Sistrunk</i>	8.47	2008
2. <i>Jessica Houston</i>	8.72	2008
3. Ebony Brown	8.88	2006
4. <i>Sierrah Oates</i>	9.00	2008
5. Felisha Jacobs	9.06	2006
6. Courtney Samuel	9.15	2002
Dawnita Moore	9.15	2003
8. <i>Elisha Tegeder</i>	9.26	2005
Shashonda Lane	9.26	1998

200-meter Dash

1. <i>Shanta Johnson</i>	24.46	2008
2. <i>Ikeiyiah Brown</i>	24.56	2008
3. Chasity Johnson	24.71	2005
4. <i>Amber White</i>	24.86	2007
5. <i>Vondeeshia Humphries</i>	25.73	2008
6. <i>LeAuna Sistrunk</i>	25.86	2008
7. <i>Zarena Sita</i>	26.00	2008
Sandra Henson	26.00	1999

400-meter Dash

1. <i>Amber White</i>	55.71	2007
2. <i>Vondeeshia Humphries</i>	56.25	2008
3. <i>Shanta Johnson</i>	56.83	2008
4. Ebony Brown	56.99	2006
5. Dawnita Moore	58.48	2004
6. Desiree Leach	58.35	2007
7. Tasha Williams	59.46	1998
8. Sandra Henson	59.49	1999

800-meter Run

1. Saskia Janssen	2:13.75	2006
2. Angela Murphy	2:14.50	1995
3. Christina Mohr	2:17.58	2005
4. <i>Shelby Donahue</i>	2:19.28	2008
5. <i>Theresa Schamberger</i>	2:19.96	2007
6. Kim Nemergut	2:20.36	2005
7. Jessica Watson	2:20.44	2002
8. Corina Hopkins	2:21.04	1999

Mile Run

1. Saskia Janssen	4:55.39	2006
2. Valentine Stumpf	4:58.17	1995
3. Jolene Williams	4:58.40	1999
4. Christina Mohr	4:58.86	2005
5. <i>Felicitas Mensing</i>	4:58.89	2007
6. Anne Marie Moutsinga	5:02.89	2006
7. Kim Nemergut	5:03.40	2005
8. Kara Koppel	5:04.00	2003

3,000-meter Run

1. Jolene Williams	9:25.29	1998
2. Catherine Conder	9:37.83	1996
3. Julia Viellehner	9:44.72	2007
4. Angela Murphy	9:48.79	1998
5. Anne Marie Moutsinga	9:49.83	2004
6. Christina Mohr	9:55.43	2005
7. <i>Diana Jephchirchir</i>	9:55.45	2008
8. <i>Felicitas Mensing</i>	9:55.69	2007

5,000-meter Run

1. Jolene Williams	17:15.65	1999
2. <i>Diana Jephchirchir</i>	17.:24.54	2008
3. Anne Marie Moutsinga	17:27.75	2006
4. Laurie Occhipinti	17:41.13	1999
5. Kara Koppel	17:42.00	2002
6. <i>Felicitas Mensing</i>	17:44.68	2006
7. Danielle Barajas	17:54.24	1998
8. Saskia Janssen	17:58.51	2006

Pentathlon

1. <i>Elisha Tegeder</i>	3,090 points	2007
2. Alyssa Englebrecht	2,281 points	2007
3. <i>Kandisa Allicock</i>	2,659 points	2008
4. <i>Mikaela Terry</i>	2,604 points	2008
5. <i>Lauren Watts</i>	2,259 points	2008

Distance Medley Relay

1. Azuly, Watson	12:18.91	2004
Goeden, Moutsinga		
2. Nemergut, Watson	12:22.92	2004
Goeden, Grandovec		
3. <i>Donahue, Sita</i>	12:24.50	2008
<i>K. White, Schamberger</i>		
3. <i>Donahue, A. White</i>	12:26.63	2008
<i>Humphries, Schamberger</i>		
4. <i>Bergquist, Leach</i>	12:36.19	2007
<i>K. White, Schamberger</i>		
5. Occhipinti, T. Williams	12:36.21	1998
Murphy, J. Williams		
6. Munson, Saponaro	12:36.21	2002
Mentzer, Elliot		
7. Bergquist, Tegeder	12:37.99	2005
Hagler, Moutsinga		

4x400-meter Relay

1. E. Brown, A. White	3:49.10	2006
Sistrunk, C. Johnson		
2. <i>I. Brown, S. Johnson</i>	3:52.68	2008
<i>Leach, A. White</i>		
3. E. Brown, A. White	3:54.64	2006
Sistrunk, C. Johnson		
4. E. Brown, Sistrunk	3:54.99	2006
C. Johnson, A. White		
5. Leach, A. White	3:56.05	2007
I. Brown, C. Johnson		
6. Moore, Testa	3:56.30	2004
Johnson, Watson		
7. Keenan, A. White	3:56.78	2006
S. Johnson, C. Johnson		
8. E. Brown, Tegeder	3:58.05	2006
A. White, C. Johnson		

High Jump:

1. Courtney Samuel	5'5.25"/1.66m	n/a
2. Chasity Johnson	5'5"/1.65m	2004
3. Jessica Watson	5'5"/1.65m	2004
4. Marilyn Testa	5'4.25"/1.63m	2004
5. <i>Jessica Houston</i>	5'4.25"/1.63m	2007
6. Dawnita Moore	5'3.75"/1.62m	2003
7. <i>Kandisa Allicock</i>	5'3"/1.60m	2008
8. Heather Saponaro	5'2.25"/1.58m	n/a

Pole Vault

1. Marilyn Testa	11'11.75"/3.65m	2003
2. <i>Marcie Veitch</i>	11'5.75"/3.50m	2008
3. <i>Laura Flath</i>	11'0.25"/3.36m	2007
4. <i>Claire Young</i>	10'10"/3.30m	2007
5. Lisa Holsinger	10'6"/3.20m	n/a
6. Margo Sanders	9'6.25"/2.90m	2004
7. Monique Gibson	8'6.25"/2.60m	2005
8. Elisha Tegeder	8'4.25"/2.55m	2005

Long Jump

1. Chasity Johnson	20'0.25"/6.10m	2006
2. Shashonda Lane	18'7"/5.66m	1999
3. <i>Sierrah Oates</i>	18'1.5"/5.52m	2008
4. <i>Arielle Miller</i>	18'0.5"/5.50m	2008
5. Courtney Samuel	11'11.75"/5.48m	1999
6. Stefanie Lomax	17'9.75"/5.43m	2000
7. Felisha Jacobs	17'9"/5.41m	2006
8. <i>LeAuna Sistrunk</i>	17'6.75"/5.35m	2008

Triple Jump

1. Chasity Johnson	43'3.25"/13.20m	2005
2. <i>LeAuna Sistrunk</i>	40'5.5"/12.33m	2008
3. DeMiracle	39'5.25"/12.02m	2006
Washington		
4. Courtney Samuel	39'0.5"/11.90m	2000
5. Felisha Jacobs	38'9.5"/11.82m	2007
6. Shashonda Lane	38'2.75"/11.65m	1999
7. <i>Arielle Miller</i>	37'10.75"/11.55m	2008
Stefanie Lomax	37'10.75"/11.55m	2000
8. <i>Jessica Houston</i>	37'2.5"/11.34m	2008

Shot Put

1. Amber Campbell	49'7.75"/15.13m	2002
2. Brittany Reid	47'3.5"/14.41m	2005
3. Sylvia Galarza	46'6.25"/14.18m	2005
4. Jackie Lugaila	43'7.75"/13.30m	2003
5. Courtney Nash	43'7.25"/13.29m	2007
6. Tamara Bryant	43'5.25"/13.24m	2005
7. <i>Alexandra Rathburn</i>	43'5"/13.23m	2008
8. Liz Pidgeon	40'4.75"/12.31m	1999

Weight Throw

1. Amber Campbell	72'11.75"/22.24m	2004
2. Jessica Pressley	59'10.5"/18.25m	2007
3. Liz Pidgeon	58'1"/17.70m	1999
4. Tamara Bryant	57'3.5"/17.46m	2005
5. Brittany Reid	55'3.5"/16.85m	2005
6. Courtney Nash	53'2.25"/16.21m	2007
7. Karen Olesky	51'10"/15.80m	2005
8. Jackie Lugaila	51'3"/15.62m	2002

Bold Italics denotes record set during 2008 season
Italics denotes 2008 team member

(Updated Through 03-04-08)